

**REPORT FROM THE DIRECTOR OF NEWFOUNDLAND AND LABRADOR
TO THE ATLANTIC REGIONAL COUNCIL
October 2025**

Friends,

Please accept my activity report as the Director for Newfoundland & Labrador, Atlantic.

ACTIVITY REPORT

March 2025

Date	Event	Location
6	<p>On March 6, I attended and help plan with my RWC an International Women’s Day event in Corner Brook that was well planned and well attended. The gathering brought together members, and supporters to celebrate women’s achievements and to reflect on the progress made toward gender equality.</p> <p>The event highlighted the strength, resilience, and accomplishments of women in our workplaces and communities, while also acknowledging the continued work needed to break down barriers. It was an inspiring day of recognition, solidarity, and celebration, leaving participants energized and committed to advancing equality for all.</p>	Corner Brook

April 2025

Date	Event	Location
9	<p>On April 28th, I attended the Day of Mourning ceremony in Corner Brook to honour workers who have been injured, fallen ill, or lost their lives due to workplace accidents and occupational disease. It was a solemn gathering that brought together community members, labour representatives, and allies to reflect on the importance of protecting workers’ health and safety.</p> <p>As part of the ceremony, I had the privilege of laying a wreath on behalf of Western Regional Women’s Committee, paying tribute to those we have lost and reaffirming our commitment to advocating for safer workplaces for all.</p>	Corner Brook

May 2025

Date	Event	Location
5	<p>On May 5th, I attended the Movement in Medicine event, held in collaboration with my workplace. As part of the program, I had the opportunity to speak on behalf of the union about the importance of this day and the role it plays in recognizing wellness, balance, and community.</p> <p>The event was meaningful and well attended, with participants coming together to learn, share, and reflect. We were honored to have Chief Jenny Brake of Qalipu First Nation in attendance, whose presence reinforced the spirit of partnership and respect.</p>	Corner Brook
8	<p>The Western Regional Women’s Committee was proud to raise funds in support of two important charities: the Status of Women’s Council and the BMO “Talk to Walk forso Kids <u>Can Talk</u>.” These organizations provide vital support and services that make a real difference in the lives of individuals and families in our community.</p> <p>It was an honour to present these donations on behalf of the committee, recognizing the collective efforts of our members and supporters. By giving back to these causes, we continue to strengthen our community and uphold the values of advocacy, equality, and care.</p>	

June 2025

Date	Event	Location
28	<p>On June 28, I had the privilege of attending the Pride Parade alongside Kirby Ryland, President of the Corner Brook District Labour Council, and Jessica McCormick, President of the Newfoundland and Labrador Federation of Labour. The event was a vibrant celebration of diversity, inclusion, and solidarity, bringing together community members, unions, and allies in support of 2SLGBTQIA+ rights.</p> <p>Marching together was a powerful reminder of the importance of visibility, equality, and continued advocacy. It was an honour to represent labour at this event and to stand in unity with others committed to creating safe and inclusive spaces for all.</p>	Corner Brook

July 2025

Date	Event	Location
22	<p>A successful Self-Care Day event was recently held, bringing together members for a day focused on wellness, balance, and community. The event was well attended and featured a wellness advocate who shared valuable tips and advice on healthy living and the importance of self-care for both body and mind.</p> <p>In addition to learning and sharing, participants were encouraged to give back by donating back-to-school supplies. Thanks to the generosity of those in attendance, a substantial donation was made to the local Humber YMCA, where the items were distributed to families and children in need.</p> <p>The day was both inspiring and impactful, providing members with tools for personal wellness while also supporting our community.</p>	Corner Brook

Respectfully submitted,

Nancy Spearing